

Forward Motion Technologies

Jog Cart Wheel Maintenance

Thank you for your purchase of the FMT 18" jog wheel. Although the wheel generally needs little maintenance, there are a few things that can be done to ensure a long bearing life.

-Once per month, remove the wheel from the cart and remove the end caps from the hub- They simply pop-off. Remove the large O ring and clean out any debris and old grease from in the hub, the end caps, and the O ring.

- Spin the bearings with your finger to make sure that they spin freely. If they feel rough, you may want to replace them. FMT makes a bearing replacement tool kit that simplifies this process.

-Replace the O ring and apply a liberal amount of grease on top of the O ring. We use marine grade grease, which has better water resistance. The grease helps protect the bearing and also seals any gaps between the O ring and end cap.

If you have any questions, feel free to contact us.

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